



## The 1<sup>st</sup> IPB International Conference on Nutrition and Food (ICNF 2020)

Department of Community Nutrition  
Faculty of Human Ecology, IPB University  
Bogor, Indonesia 16680  
Phone. +62-251-8625066, E-mail: icnf@apps.ipb.ac.id

### 1<sup>st</sup> IPB International Conference on Nutrition and Food (ICNF 2020) “Nutrition and Food Innovation for Better Life” Conference Schedule

Day 1 – Wednesday, 18 November 2020			
Time (GMT+7)	Duration	Activity	Zoom Meeting
07.30 – 08.30	60 min	<b>Admission to Zoom Meeting</b>	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>
08.30 – 09.00	30 min	<b>Opening ceremony</b> <ul style="list-style-type: none"> <li>- The national anthem “Indonesia Raya” &amp; welcome greetings</li> <li>- Introduction to ICNF 2020 (<b>Head of Organizing Committee of ICNF 2020: Dr. Zuraidah Nasution, STP, MSc</b>)</li> <li>- Opening remarks (<b>Rector of IPB University: Prof. Dr. Arif Satria, SP, M.Si</b>)</li> </ul>	Meeting ID: 963 5608 6523 Passcode: 908005
09.00 – 09.40	40 min	<b>Plenary session 1 – Prof. Dr. Hardinsyah, Department of Community Nutrition, IPB University</b> <b>“Policies and programs to prevent stunting in Indonesia: how to implement them more effectively?” --- Moderator: Dr. Ir. Cesilia Meti Dwiriani, M.Sc</b>	
09.40 – 10.00	20 min	<b>Poster presentation session 1</b> <b>P055CO</b> (Diet quality among postgraduate students with obese and normal nutritional status in IPB University, Bogor, Indonesia – <i>Nur Hikmawaty Syarifuddin</i> ) <b>P092CO</b> (Education level, nutritional status, serum ferritin, blood haemoglobin level of pregnant women in Bogor district – <i>Lilik Kustiyah</i> ) <b>P069CO</b> (Evaluation of implementation of exclusive breastfeeding policy at work in the private sector: case study of a company in Semarang, Central Java – <i>Resa Ana Dina</i> ) <b>P037CO</b> ( Exclusive breastfeeding may protect the occurrence of wasting among under five children in Guntung Payung, Banjarbaru – <i>Muhammad Irwan Setiawan</i> )	
10.00 – 11.00	60 min	<b>Oral presentation session 1</b> <b>Room 1 Clinical Nutrition --- Moderator: dr. Karina Rahmadia Ekawidyani, M.Gizi</b> <b>P081CN</b> (Effect of brewing temperature variation on <i>Moringa oleifera</i> drinks glycaemic control capacity – <i>Rimbawan</i> ) <b>P001CN</b> (Post prandial blood glucose through consumption of <i>moringa</i> leaf based snacks – <i>Fifi Luthfiyah</i> )	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a> Meeting ID: 963 5608 6523 Passcode: 908005



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Time (GMT+7)	Duration	Activity	Zoom Meeting
		<p><b>P041CN</b> (Glycaemic index values of market-available common rice varieties in Bangladesh – <i>Muhammad Javidul Haque Bhuiyan</i>)</p> <p><b>P112CN</b> (In vitro and in vivo hypoglycaemic activity test of Indonesian <i>Cajanus cajan</i> leaves and <i>Zingiber officinale</i> extracts – <i>Tutik Wresdiyati</i>)</p>	
		<p><b>Room 2 Community Nutrition --- Moderator: Hana Fitria Navratilova, S.Gz, M.Sc</b></p> <p><b>P086CO</b> (Determinants of double burden of undernutrition among women of reproductive age in Indonesia – <i>Anna Vipta Resti Mauludyani</i>)</p> <p><b>P075CO</b> (Nutrition education: media development and nutrition knowledge of prospective brides to prevent stunting on newborns – <i>Ni Gusti Ayu Kt. Dewi Pramoni</i>)</p> <p><b>P080CO</b> (Relationship between pre-pregnancy body mass index with middle-upper arm circumference and haemoglobin level in pregnancy – <i>Dyan Fajar Christianti</i>)</p> <p><b>P076CO</b> (Maternal parity and height as determinants of stunting for infants aged 0-6 months – <i>Putri Rahmah Alamsyah</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room2amicnf">ipb.link/room2amicnf</a>  Meeting ID: 948 6978 2997  Passcode: 093946</p>
		<p><b>Room 3 Food Innovation --- Moderator: Dr. Ir. Budi Setiawan, MS</b></p> <p><b>P058FN</b> (The use of germinated soybean as <i>tempe</i> ingredient during extended fermentation time: its hypoglycaemic component – <i>Made Astawan</i>)</p> <p><b>P065FN</b> (Indigenous black soybean (<i>Glycine soja</i> L. Merrit) <i>tempe</i> nugget as plant-based protein source – <i>Arinie Tri Nurrahmi</i>)</p> <p><b>P105FN</b> (Cookies from <i>tempe semangit</i> as indigenous high protein supplemental food for pregnant women – <i>Nila Kusumawaty</i>)</p> <p><b>P128FN</b> (Meta-analysis on edible larva as a future protein source for human: do they have comparable nutritional quality with red meat? – <i>Eny Palupi</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room3amicnf">ipb.link/room3amicnf</a>  Meeting ID: 951 7412 2974  Passcode: 042960</p>
11.00 – 11.05	5 min	<b>Break</b>	
11.05 – 12.05	60 min	<b>Oral presentation session 2</b>	
		<p><b>Room 1 Community Nutrition --- Moderator: Prof. Dr. Ir. Dodik Briawan, MCN</b></p> <p><b>P040CO</b> (Determinants for stunting in 6 – 59 months old children from rural agricultural households in Cianjur, Indonesia - <i>Yessi Octaria</i>)</p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>  Meeting ID: 963 5608 6523  Passcode: 908005</p>



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<b>Time (GMT+7)</b>	<b>Duration</b>	<b>Activity</b>	<b>Zoom Meeting</b>
		<p><b>P044CO</b> (Risk factors of stunting among 24-59 months old children in the work area of Bakarangan Public Health Center, Tapin district - <i>Fahrini Yulidasari</i>)</p> <p><b>P100CO</b> (Anaemia, stunting and wasting in school-age children: a cross sectional study in Pidie district, Aceh, Indonesia - <i>Aripin Ahmad</i>)</p> <p><b>P039CO</b> (Relationship between breakfast type with blood glucose level and short-term memory of elementary school children in Bogor, Indonesia - <i>Lilik Kustiyah</i>)</p>	
		<p><b>Room 2 Community Nutrition --- Moderator: Prof. Dr. Ir. Ali Khomsan, MS</b></p> <p><b>P132CO</b> (Factors associated with stunting among 24-35 month old Kalinga indigenous children in Pinukpuk, Kalinga, the Philippines: a case-control study - <i>Leila S Africa</i>)</p> <p><b>P036CO</b> (Economic status, stunting and diet quality are important determinants for anaemia in Indonesian children aged 6-35 months old: a SEANUTS study - <i>Fitrah Ernawati</i>)</p> <p><b>P004CO</b> (Carbohydrate intake as a dominant factor of underweight among toddlers in Bogor district, Indonesia - <i>Citra Sari Nasrianti</i>)</p> <p><b>P035CO</b> (Nutrition status of children after fresh-water fish diet intervention – <i>Sus Widayani</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room2amicnf">ipb.link/room2amicnf</a>  Meeting ID: 948 6978 2997  Passcode: 093946</p>
		<p><b>Room 3 Food Innovation --- Moderator: Dr. agr. Eny Palupi, STP, M.Sc</b></p> <p><b>P056FN</b> (Total phenolic content and total flavonoid content of protein hydrolysate extracted from oil palm leaves - <i>Hau Eng Huan</i>)</p> <p><b>P078FN</b> (Macro- and micro-nutrient content of raw propolis collected from different regions in Indonesia - <i>Ade Heri Mulyati</i>)</p> <p><b>P030FN</b> (Antioxidant activity and total phenolic content of encapsulated stingless bee propolis with spray drying method - <i>Cassandra Permata Nusa</i>)</p> <p><b>P074FN</b> (Amino acids, calcium, and zinc content of spray-dried Balinese cow bone marrow encapsulated with maltodextrin, Arabic gum, and milk powder - <i>Umi Faza Rokhmah</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room3amicnf">ipb.link/room3amicnf</a>  Meeting ID: 951 7412 2974  Passcode: 042960</p>
12.05 – 13.00	55 min	<b>Lunch break</b>	
13.00 – 13.40	40 min	<p><b>Plenary session 2 – Assoc. Prof. Dr. Jayashree Arcot, Food Science &amp; Technology, The University of New South Wales</b></p> <p><b>“Interactions between bioactive compounds in foods and their functional effects” --- Moderator: Dr. Rimbawan</b></p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>  Meeting ID: 963 5608 6523</p>
13.40 – 14.20	40 min	<b>Plenary session 3 – Prof. Dr. Amin Ismail, Department of Nutrition &amp; Dietetics, Universiti Putra Malaysia</b>	<p>Passcode: 908005</p>



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		<b>“Functional foods and obesity prevention: Are there sufficient scientific evidence to link them?” --- Moderator: Dr. dr. Mira Dewi, M.Si</b>	
14.20 – 14.40	20 min	<b>Poster presentation session 2</b> <b>P073CO</b> (An overview of the adolescents’ nutritional status in Samarinda, East Kalimantan – <i>Iriyani K</i> ) <b>P048CO</b> (Online food delivery and food consumption quality among students of SMAN 2 Yogyakarta, Indonesia - <i>Ananda Salsabilla</i> ) <b>P091CO</b> (Body composition and anaemia status of adolescent girls in West Java, Indonesia – <i>Melda Oktaviana</i> ) <b>P045CO</b> (Correlation between dietary behaviour and risk of eating disorder among adolescent girls who participated in modern dance - <i>Norma Sari</i> )	
14.40 – 15.25	45 min	<b>Oral presentation session 3</b> <b>Room 1 Clinical Nutrition --- Moderator: Prof. Dr. Ir. Sri Anna Marliyati, M.Si</b> <b>P110CN</b> (Comparison of haematological and biochemical serum profiles of experimental rats fed with GMO and non-GMO soybean - <i>Made Astawan</i> ) <b>P010CN</b> (The effect of administering $\beta$ -glucan extract from oyster mushroom on tumor necrosis factor- $\alpha$ (TNF- $\alpha$ ) and fasting plasma glucose (FPG) levels in high-fat and fructose diet (HFFD)-induced <i>Sprague dawley</i> rats - <i>Alma Maghfirotn Innayah</i> ) <b>P129CN</b> (A nutrigenetic approach to examine the relationship between vitamin B12 status and metabolic traits in multiple ethnic groups - <i>Shelini Surendran</i> )	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a> Meeting ID: 963 5608 6523 Passcode: 908005
		<b>Room 2 Community Nutrition --- Moderator: Anna Vipta Resti Mauludyani, SP, M.Gizi</b> <b>P038CO</b> (Personal hygiene and environmental sanitation of pregnant mothers related to birth outcomes - <i>Anisa Sekar Widhi</i> ) <b>P123CO</b> (Breastfeeding self-efficacy and breastfeeding intention among overweight and obese mothers in Kuala Selangor district, Malaysia: a cross sectional study - <i>Syahrul Bariah Abdul Hamid</i> ) <b>P068CO</b> (Role of exclusive breastfeeding toward pneumonia among children under five years – <i>Resa Ana Dina</i> )	Meeting link: <a href="https://ipb.link/room2icnf">ipb.link/room2icnf</a> Meeting ID: 950 0624 7132 Passcode: 901859
		<b>Room 3 Food Innovation --- Moderator: Prof. Dr. Ir. Ahmad Sulaeman, MS</b> <b>P083FN</b> (Nutritional profile of <i>lamtoro</i> seed ( <i>Leucaena leucocephala</i> ) and its fermented product ( <i>tempe mlanding</i> ) – <i>Eny Palupi</i> )	Meeting link: <a href="https://ipb.link/room3pmicnf">ipb.link/room3pmicnf</a> Meeting ID: 974 9421 7891



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<b>Time (GMT+7)</b>	<b>Duration</b>	<b>Activity</b>	<b>Zoom Meeting</b>
		<b>P084FN</b> (Amino acids and mineral content of black <i>oncom</i> processed with fermentation modifications – <i>Azizah Rohimah</i> ) <b>P109FN</b> (Improving the quality of chicken sausage by using germinated soybean <i>tempe</i> protein isolate - <i>Made Astawan</i> )	Passcode: 246805
15.25 – 15.30	5 min	<b>Break</b>	
15.30 – 16.30	60 min	<b>Oral presentation session 4 (PhD seminar)</b>	
		<b>Room 1 Community Nutrition --- Moderator: Dr. dr. Mira Dewi, M.Si</b>	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>
		<b>P062CO</b> (Indigenous staple foods diversity from Palembang, South Sumatra, Indonesia and their potential to support food security - <i>Nurul Salasa Nilawati</i> ) <b>P071CO</b> (Birth weight and length are associated with stunting among children under five in Indonesia - <i>Try Nur Ekawati Lukman</i> )	Meeting ID: 963 5608 6523 Passcode: 908005
		<b>Room 2 Community Nutrition --- Moderator: Dr. Rimbawan</b>	Meeting link:
		<b>P090CO</b> (Knowledge, attitude, vegetables and fruit consumption and nutritional status of schoolchildren - <i>Syhabuddin</i> ) <b>P104CO</b> (Nutrition education about vegetables, fruit, and fish for elementary school children - <i>Nur Intania Sofjanita</i> )	<a href="https://ipb.link/room2icnf">ipb.link/room2icnf</a> Meeting ID: 950 0624 7132 Passcode: 901859
16.30 – 16.35	5 min	<b>Closing of Day 1</b>	



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Day 2 – Thursday, 19 November 2020			
Time (GMT+7)	Duration	Activity	Zoom Meeting
08.25 – 08.30	5 min	<b>Opening of Day 2</b>	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>
08.30 – 09.10	40 min	<b>Plenary session 4 – Prof. Dr. Nobuko Murayama, Department of Health and Nutrition, University of Niigata Prefecture</b> <b>“Nutrition situation and programs in Japan: lessons learned” --- Moderator: Dr. Ir. Budi Setiawan, MS</b>	Meeting ID: 963 5608 6523 Passcode: 908005
09.10 – 09.40	30 min	<b>Special session 1 – Mr. William McNair, Global Director of Oil and Human Protein, U.S. Soybean Export Council</b> <b>“Technology and Sustainability to Enhance the Quality of Soybean as Food Ingredient” --- Moderator: Dr. Zuraidah Nasution, STP, MSc</b>	
09.40 – 10.00	20 min	<b>Poster presentation session 3</b> <b>P108FN</b> (Development of fibre-source snack bar for obese teenagers using lesser yam ( <i>Dioscorea esculenta</i> ) - <i>Farah Safitri Khairani</i> ) <b>P052FN</b> (Proximate composition and sensory characteristics of milkfish ( <i>Chanos chanos</i> ) snack bar - <i>Imelda Christina Thehella H</i> ) <b>P095FN</b> (Cookies and beverage from <i>tempe</i> : potential nutritive supplementary product for pregnant women - <i>Lilik Kustiyah</i> ) <b>P070FN</b> (Development of roll cake from rice-bran flour mixed with taro flour and breadfruit flour for the elderly – <i>Ahmad Sulaeman</i> )	
10.00 – 11.00	60 min	<b>Oral presentation session 5</b> <b>Room 1 Clinical Nutrition --- Moderator: dr. Karina Rahmadia Ekawidnyani, M.Gizi</b> <b>P007CN</b> (The effect of Monday-Thursday fasting on body weight and body fat percentage among overweight and obese men - <i>Sri Anna Marliyati</i> ) <b>P096CN</b> (Observational study of diet of the burn patients at Cipto Mangunkusumo Hospital, Jakarta - <i>Mia Srimiyati</i> ) <b>P089CN</b> (Iodine urine excretion and utilization of iodized salt among the households of children aged 6-23 months in Aceh, Indonesia - <i>Eva Fitriyaningsih</i> ) <b>P119CN</b> (Effects of acute supplementation of caffeine on physical activity performance - <i>Wong Chee Ping</i> ) <b>Room 2 Community Nutrition --- Moderator: Anna Vipta Resti Mauludyani, SP, M.Gizi</b>	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a> Meeting ID: 963 5608 6523 Passcode: 908005
			Meeting link: <a href="https://ipb.link/room2amicnf2">ipb.link/room2amicnf2</a>



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Day 2 – Thursday, 19 November 2020			
Time (GMT+7)	Duration	Activity	Zoom Meeting
		<p><b>P026CO</b> (Mothers and children’s knowledge, attitude, practice on Indonesian dietary guideline and the relationship with children’s nutritional status - <i>Guntari Prasetya</i>)</p> <p><b>P002CO</b> (Nutrition modules application in physical education to increase fruit and vegetables consumption among schoolchildren – <i>AASP Chandradewi</i>)</p> <p><b>P017CO</b> (Effect of interactive nutrition education on knowledge, attitude, and practice of primary school children in suburban Indonesia - <i>Muhammad Aries</i>)</p> <p><b>P077CO</b> (Could food diary intervention improve school children’s eating habit? – <i>Hana Fitria Navratilova</i>)</p>	<p>Meeting ID: 969 5733 8996  Passcode: 766593</p>
		<p><b>Room 3 Food Innovation --- Moderator: Dr. agr. Eny Palupi, STP, M.Sc</b></p> <p><b>P057FN</b> (Powdered drink from mixture of coconut water and flesh: a potential beverage formulation with increased fibre - <i>Jeallyza Muthia Azra</i>)</p> <p><b>P085FN</b> (Formulation of liquid breakfast from <i>campolay</i> fruit with mung bean and white rice flour as supplementary food for school children – <i>Budi Setiawan</i>)</p> <p><b>P113FN</b> (Reduced-sugar ‘serikaya’ as potential sweet spread for diabetic patients - <i>Yusnita Hamzah</i>)</p> <p><b>P103FN</b> (Development of enteral feeding formulas for stroke patient using lactose-free-milk and mungbean as non-dairy protein source - <i>Evy Damayanthi</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room3amicnf2">ipb.link/room3amicnf2</a>  Meeting ID: 931 7253 5337  Passcode: 205651</p>
11.00 – 11.05	5 min	<b>Break</b>	
11.05 – 12.05	60 min	<p><b>Oral presentation session 6</b></p> <p><b>Room 1 Community Nutrition --- Moderator: Resa Ana Dina, SKM, M.Epid</b></p> <p><b>P121CO</b> (Determinants of serum vitamin D level among malay workers during non-monsoon and monsoon season - <i>Norliyana Aris</i>)</p> <p><b>P054CO</b> (Dietary quality of Indonesian adults with and without type 2 diabetes mellitus using healthy eating index - <i>Nisatami Husnul</i>)</p> <p><b>P093CO</b> (Knowledge on nutrition label for processed food: effect on purchase decision among Indonesian consumers - <i>Anna Vipta Resti Mauludyani</i>)</p> <p><b>P009CO</b> (Consumers and food manufacturers’ preferences for front-of-pack nutrition labelling in Indonesia - <i>Rimbawan</i>)</p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>  Meeting ID: 963 5608 6523  Passcode: 908005</p>
		<p><b>Room 2 Community Nutrition --- Moderator: Prof. Dr. Ir. Dodik Briawan, MCN</b></p> <p><b>P097CO</b> (Diet quality of junior high school students in Bogor, Indonesia - <i>Lucyana Devie</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room2amicnf2">ipb.link/room2amicnf2</a></p>



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		<p><b>P099CO</b> (Food habit, nutrient adequacy and risk of anaemia in school-going adolescents in urban and rural areas - <i>Cesilia Meti Dwiriani</i>)</p> <p><b>P087CO</b> (Impact of school lunch project and nutrition education towards nutritional status, knowledge, attitude, and practice on nutrition and health among adolescents in Islamic boarding school - <i>Reisi Nurdiani</i>)</p> <p><b>P067CO</b> (Acculturation-related factors of dietary pattern changes among indigenous adolescents in Mt. Arayat, the Philippines - <i>Mark Spencer K. Barcena</i>)</p>	<p>Meeting ID: 969 5733 8996          Passcode: 766593</p>
		<p><b>Room 3 Food Innovation --- Moderator: Muhamad Aries, SP, M.Si</b></p> <p><b>P130FN</b> (Potentials of ozone pre-treatment in prolonging the freshness of oyster mushrooms (<i>Pleurotus florida</i>) – <i>Anandu Chandra Khanashyam</i>)</p> <p><b>P131FN</b> (Effect of blanching and drying on retention of ascorbic acid in Indian gooseberry (<i>Phyllanthus emblica</i>) candy - <i>Dev Kumar Yadav</i>)</p> <p><b>P106FN</b> (Antioxidant activity of ready-to-drink beverage made from snake fruit (<i>Salacca edulis</i> Reinw) enriched with butterfly pea (<i>Clitoria ternatea</i>) and roselle (<i>Hibiscus sabdariffa</i>) flower extracts - <i>Hiasinta A Purnawjijayanti</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room3amicnf2">ipb.link/room3amicnf2</a>          Meeting ID: 931 7253 5337          Passcode: 205651</p>
12.05 – 13.00	55 min	<b>Lunch break</b>	
13.00 – 13.40	40 min	<p><b>Plenary session 5 – Prof. Dr. Visith Chavasit, Institute of Nutrition, Mahidol University</b></p> <p><b>“Obesity prevention and control policies in Thailand: from nutrition labelling, sugary drink taxation, to trans-fat banning. How successful have they been so far?” --- Moderator: Prof. Dr. Ir. Ahmad Sulaeman, MS</b></p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>          Meeting ID: 963 5608 6523          Passcode: 908005</p>
13.40 – 14.10	30 min	<p><b>Special session 2 – Mr. Karyanto Wibowo, Sustainable Development Director, Danone Indonesia</b></p> <p><b>“Why the private sector should invest in stunting prevention in Indonesia? A case study of Danone Indonesia” --- Moderator: Hana Fitria Navratilova, S.Gz, M.Sc</b></p>	
14.10 – 14.30	20 min	<p><b>Poster presentation session 4</b></p> <p><b>P008CN</b> (Ajwa dates (<i>Phoenix dactylifera</i> L.) juice for reduction of gastric damage in <i>Wistar</i> rats – <i>Fathimah</i>)</p> <p><b>P098CO</b> (Identification of balanced nutrition in Indonesian elementary school curriculum - <i>Nur Intania Sofianita</i>)</p> <p><b>P012CO</b> (Food accessibility of rice in Riau province, Indonesia – <i>Gevisioner</i>)</p> <p><b>P079CO</b> (Sensitivity and specificity of food consumption score in predicting hypertension among lacto-vegetarian and non-vegetarian women in Bali – <i>Widya Astuti</i>)</p>	
14.30 – 15.30	60 min	<b>Oral presentation session 7</b>	





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**Day 2 – Thursday, 19 November 2020**

Time (GMT+7)	Duration	Activity	Zoom Meeting
		<p><b>Room 1 Clinical Nutrition --- Moderator: Prof. Dr. Ir. Sri Anna Marliyati, M.Si</b></p> <p><b>P082CN</b> (The effect of different methods of rice consumption on eating rate, glycaemic response, and glycaemic index of healthy adults – <i>Rimbawan</i>)</p> <p><b>P011FN-CN</b> (Supplementation of lactic acid bacteria from fermented cassava tuber during tempeh processing improves the profile of glycaemic index and gut microbiota of diabetic rats – <i>Rio Jati Kusuma</i>)</p> <p><b>P101FN-CN</b> (Effect of chicken essence on lactation and recovery from fatigue: a meta-analysis – <i>Erna Puspasari</i>)</p> <p><b>P111CN</b> (The profile of spermatogenic cells, Leydig cells and superoxide dismutase in the testicular tissues of experimental diabetic rats under <i>Cajanus cajan</i> leaves and <i>Zingiber officinale</i> extracts treatment – <i>Tutik Wresdiyati</i>)</p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>  Meeting ID: 963 5608 6523  Passcode: 908005</p>
		<p><b>Room 2 Community Nutrition --- Moderator: Dr. Ir. Cesilia Meti Dwiriani, M.Sc</b></p> <p><b>P133CO</b> (Field trial of the updated monitoring and evaluation protocol for local nutrition plans and program in the Philippines – <i>Leila S Africa</i>)</p> <p><b>P114CO</b> (Nutrition training courses evaluation of post-disaster recovery at Sembalun Bumbung Village, West Nusa Tenggara – <i>Diyah Eka Andayani</i>)</p> <p><b>P094CO</b> (Potential losses of inadequate soybean supply in Indonesia: protein adequacy, revenue and manpower – <i>Anna Vipta Resti Mauludyani</i>)</p> <p><b>P120CO</b> (The halal nutrition model: a technical review – <i>Mariam Abdul Latif</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room2pmicnf">ipb.link/room2pmicnf</a>  Meeting ID: 978 3337 6161  Passcode: 824221</p>
		<p><b>Room 3 Food Innovation --- Moderator: Dr. Zuraidah Nasution, STP, MSc</b></p> <p><b>P018FN</b> (Instant noodles from pumpkin (<i>Cucurbita moschata</i> D.) and anchovy (<i>Stolephorus commersini</i>) flour as an alternative emergency food – <i>Meda Canti</i>)</p> <p><b>P053FN</b> (Development of instant pumpkin (<i>Cucurbita moschata</i>) soup as potential source of <math>\beta</math>-carotene for elderly – <i>Wawan Saepul Irwan</i>)</p> <p><b>P050FN</b> (The microbiological safety of instant pumpkin and tempeh cream soup formulated as geriatric food – <i>Salma Shafrina Aulia</i>)</p>	<p>Meeting link:  <a href="https://ipb.link/room3pmicnf2">ipb.link/room3pmicnf2</a>  Meeting ID: 927 9959 4733  Passcode: 957550</p>
15.30 – 15.35	5 min	<b>Break</b>	
15.35 – 16.20	45 min	<b>Oral presentation session 8</b>	
		<p><b>Room 1 Community Nutrition --- Moderator: dr. Naufal Muharam Nurdin, S.Ked, M.Si</b></p>	<p>Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a>  Meeting ID: 963 5608 6523</p>



**1<sup>ST</sup> ICNF**  
**IPB INTERNATIONAL**  
**CONFERENCE**  
**ON NUTRITION**  
**AND FOOD 2020**

**The 1<sup>st</sup> IPB International Conference  
 on Nutrition and Food (ICNF 2020)**

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Time (GMT+7)	Duration	Activity	Zoom Meeting
		<p><b>P072CO</b> (Eating behaviour and physical activity among female workers with metabolic syndrome: a qualitative study – <i>Farida Nailufar</i>)</p> <p><b>P049CO</b> (Facilitators and barriers to <i>sunnah</i> eating practices among overweight middle-aged Muslim women – <i>Nur Islami Mohd Fahmi Teng</i>)</p> <p><b>P064CO</b> (Physical activity, daily steps, sleep duration and sleep quality in overweight and obese women – <i>Iriyani Harun</i>)</p>	Passcode: 908005
		<p><b>Room 2 Community Nutrition --- Moderator: Prof. Dr. Ir. Ali Khomsan, MS</b></p> <p><b>P102CO</b> (Improving school readiness for WIFAS program through school-readiness training and technical assistance intervention – <i>Apriningsih</i>)</p> <p><b>P088CO</b> (Study of eating behaviour, nutritional intake, haemoglobin levels and academic performance among university students – <i>Reisi Nurdiani</i>)</p> <p><b>P020CO</b> (Readiness of IPB University students to consume fruit and vegetables as recommended by the Health Ministry of Indonesia – <i>Putri Nur Azizah</i>)</p>	Meeting link: <a href="https://ipb.link/room2pmicnf">ipb.link/room2pmicnf</a> Meeting ID: 978 3337 6161 Passcode: 824221
		<p><b>Room 3 Food Innovation --- Moderator: Vieta Annisa Nurhidayati, S.Gz, M.Sc</b></p> <p><b>P029FN</b> (Increased fibre content in frozen par-baked <i>chapatti</i> with incorporation of <i>okara</i> flour - <i>Zuraidah Nasution</i>)</p> <p><b>P016FN</b> (Production of wholemeal bread from banana peel flour: improvement of sensory characteristics - <i>Musliha Azmi</i>)</p> <p><b>P061FN</b> (<i>Pempek</i> made from Javanese bird grasshopper (<i>Valanga nigricornis</i>) as innovative food product: nutritional and acceptability assessments – <i>Eny Palupi</i>)</p>	Meeting link: <a href="https://ipb.link/room3pmicnf2">ipb.link/room3pmicnf2</a> Meeting ID: 927 9959 4733 Passcode: 957550
16.20 – 16.25	5 min	<b>Break</b>	
16.25 – 16.45	20 min	<b>Awards &amp; closing ceremony</b> <ul style="list-style-type: none"> <li>- Essay competition (<b>Head of Organizing Committee for Essay Competition: Muhamad Aries, SP, M.Si</b>)</li> <li>- Best paper (<b>Head of Scientific Committee of ICNF 2020: Prof. Dr. Ir. Ali Khomsan, MS</b>)</li> <li>- Closing remarks (<b>Dean of Faculty of Human Ecology, IPB University: Prof. Dr. Ir. Ujang Sumarwan, M.Sc</b>)</li> </ul>	Meeting link: <a href="https://ipb.link/icnf2020">ipb.link/icnf2020</a> Meeting ID: 963 5608 6523 Passcode: 908005
16.45 – 16.50	5 min	<b>Closing of ICNF 2020</b>	